First To Respond

...but last to obtain help?

In accordance with the President's Task Force on 21st Century Policing, EAPFirst has been created to serve the wellbeing of Vermont's first responders.

Certified EAPFirst counselors are available for the following:

- Individual sessions following exposure to a critical incident
- Periodic department visits to familiarize themselves with police culture and personnel
- Participation at CISDs for your officers along with your trained Peers

21st Century Policing Needs 21st Century Support

The six pillars of EAPFirst:

Building Trust

We take the time to learn about your work, your values, your home life, and your relationship to the community as a whole.

Confidential and Private

EAP adheres to the highest standard of professional ethics and state and federal laws.

1st Responder Culture

EAP counselors recognize the unique occupational stressors you face every day and know that it is a way of life, not simply a job.

Immediate Crisis Response

EAP provides free, expert Critical Incident Management Services and support through any stressful or traumatic situation.

Clear and consistent support

With Invest EAP, you know what to expect. We will outline your right to privacy and provide you with consistent support.

Your Family Serves too

Your service can take a toll on your family, too. Everyone in your household is covered for our full range of counseling and resource services.

EAPFIRST

Call us 24/7 for confidential support and resources.

1-866-660-9533

www.investeap.org

A PROGRAM OF INVEST EAP

CONFIDENTIAL SERVICES FOR VERMONT'S FIRST RESPONDERS